

RESPONSIBILITIES OF A TEAM LEADER

1. She's a Team Leader: Once the referees blow their whistle, get on the court. This is the time where the team captain steps up to be the leader of the team. She will try to reinforce the plays that their coach had taught them. One can notice that, in ball games, the team captain often talks to her teammates and directs them what to do. She resembles to be the coach among her teammates. And also, she will be the one leading his teammates on basketball practices. She listens to what her teammates have to say, compliments, and respects them.

2. She is an Organizer: A team executes plays as a unit. It means that they should function as one. The team captain usually exerts the effort to organize her troop. To organize means reminding her teammates their respective roles in the team. Members should bear in mind what their functions are. This will allow a spontaneous and harmonious movements, or rotation of players, on the court.

3. She enforces positive thinking: Being optimistic means being hopeful of something positive to happen. The team captain loves to motivate her teammates. She gives them hope to go on playing their game no matter what happens. We often hear her say, "We can do this", or, "this is our game." She never fails to give a positive outlook among her teammates. Positive thinking enables a player to perform a certain level of functioning she never thought possible to happen.

4. She recognizes her teammates' skills: The team captain studies her teammates' skills. She pays recognition on what they are capable of doing. This will give her the opportunity to familiarize their movements, and will try to adjust to fit in with the kind of game her teammates do.

5. She utilizes her teammates' abilities: After discovering her teammates' potentials, the team captain will try to organize her team wherein they can make use of their varied abilities and play to their strengths rather than their weaknesses.

6. She ensures unselfish ball handling: The team captain understands that the game is not about her. It is all about the entire team effort. She will make sure that the ball will not stick to a single player alone. It must be, intelligently, passed around to a player who is in a better position to shoot the ball. A team should value each member's capabilities.

7. She steps up when needed: Part of leadership is being comfortable with having to say or do things that some people may not want to hear but need to hear. When a player or the team is not fulfilling the expectations of the coaching staff, the best team leaders will handle issues like this internally and take this burden off of the coaching staff. The same thing goes for internal chemistry issues.

8. She creates a harmonious working relationship: As a leader of the group, the team captain ensures a harmonious working relationship within the entire team. She will be the one to help resolve issues, and relieve tensions among her teammates who are involved. A team can work as one effectively if they maintain an environment free from individual tensions.

9. She takes time to know his teammates personally: The team captain takes the time to know her teammates, individually, in a personal level. This is a way for her, and her teammates, to establish rapport among them. It is undeniably pleasurable and easy to play with someone you know and trust. Trust is a very important tool to establish in a basketball team. A player can let go of that ball and pass it around if she does not trust her teammate. The team leader can organize outdoor social outings for the team. This is a great way to start socialization among the team.

10. She mentors her teammates: As what I have pointed out, the team captain resembles the team coach. She gives pieces of advice, tips, and instructions on how to execute basket skills appropriately. A team captain can also help younger players adjust to higher levels of play