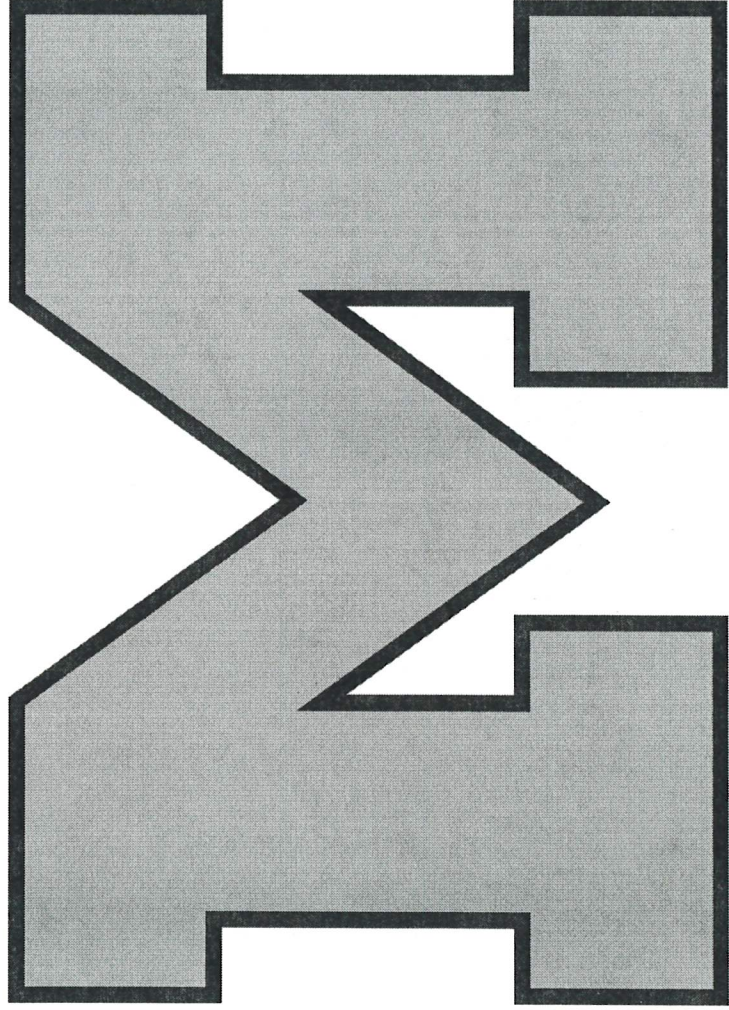


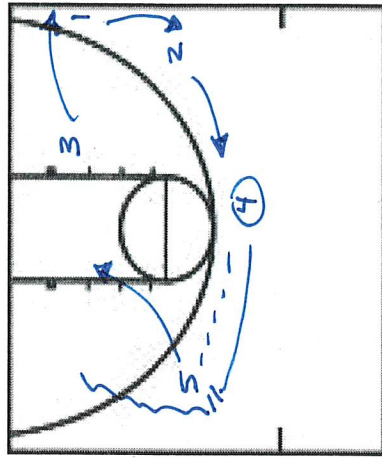
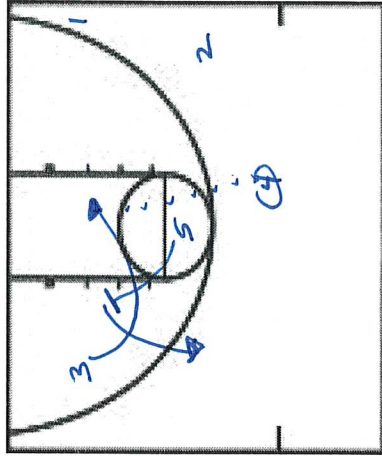
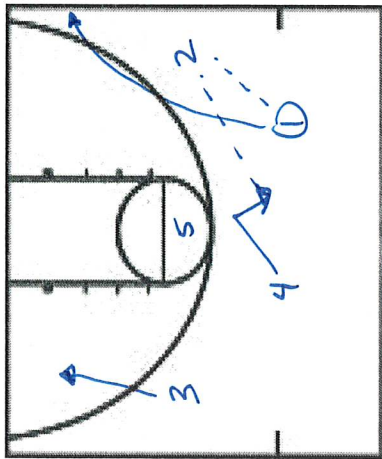
**MICHIGAN**



**STRONG SIDE SETS**

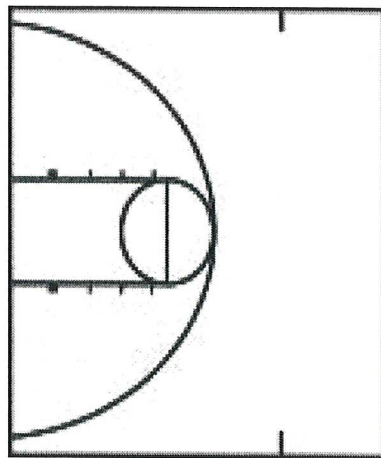
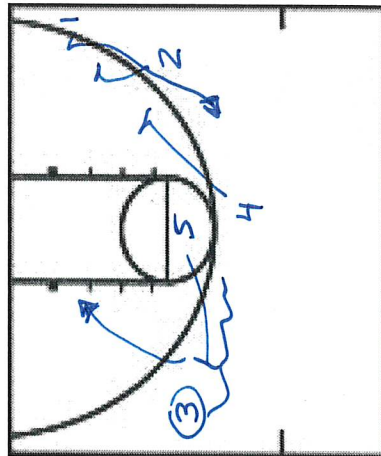
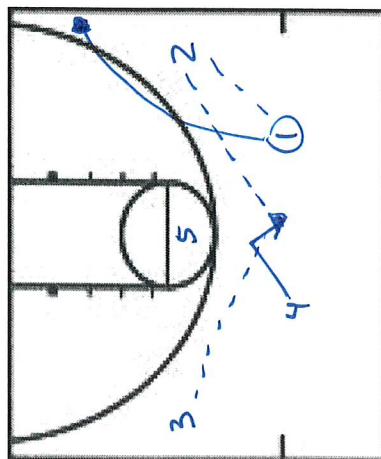
PLAY/DRILL: 35 Curl

CATEGORY: Michigan Strong



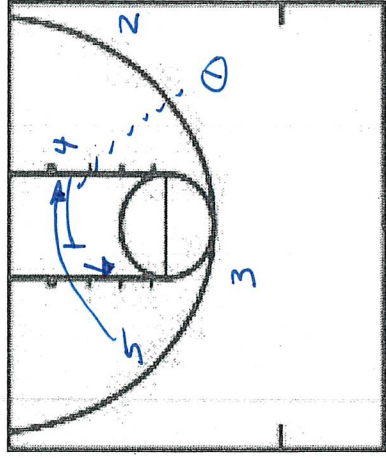
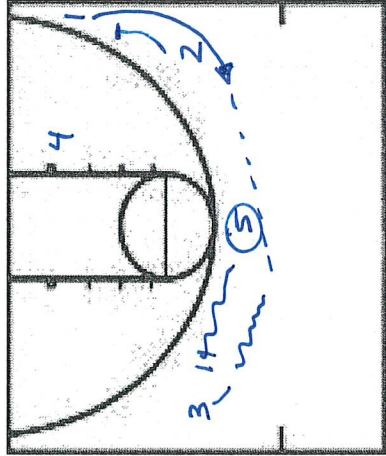
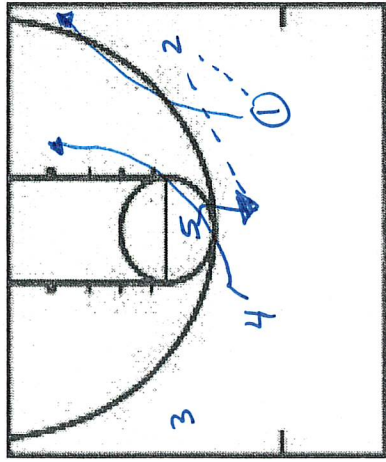
PLAY/DRILL: 35 Tap

CATEGORY: Michigan Strong



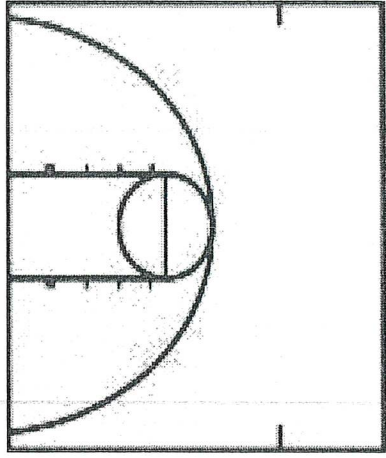
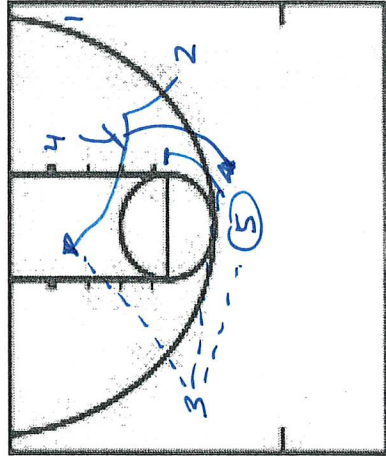
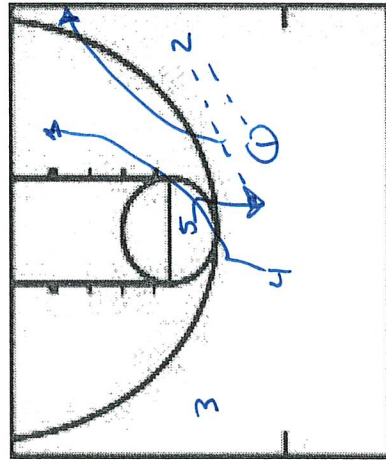
PLAY/DRILL: Cincinnati 35 ~~ESP~~

CATEGORY: Michigan Strong



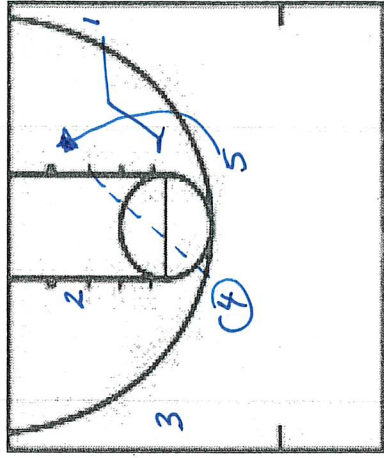
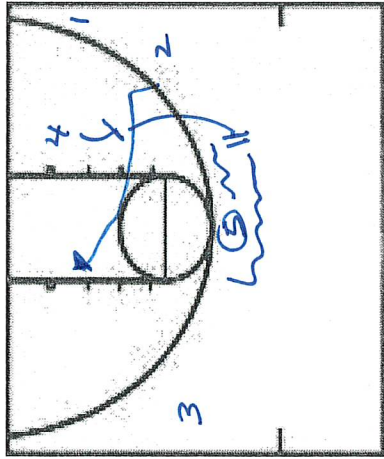
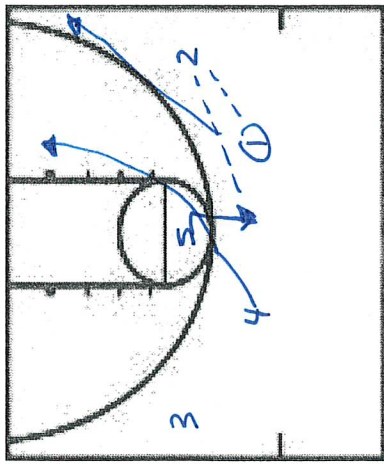
PLAY/DRILL: Yo-Yo

CATEGORY: Michigan Strong



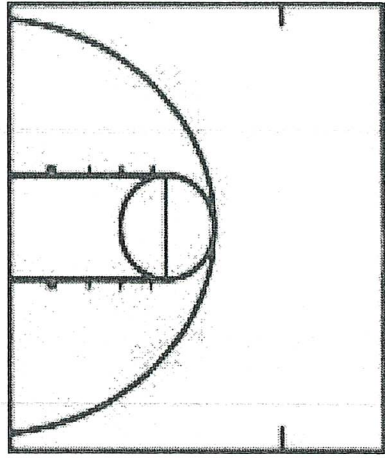
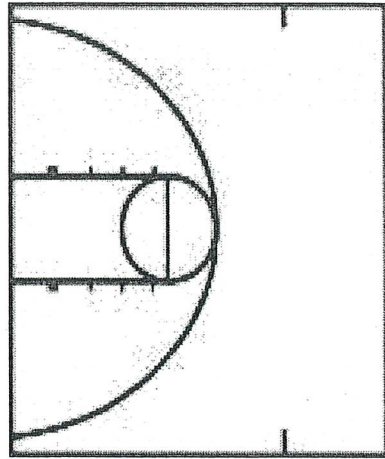
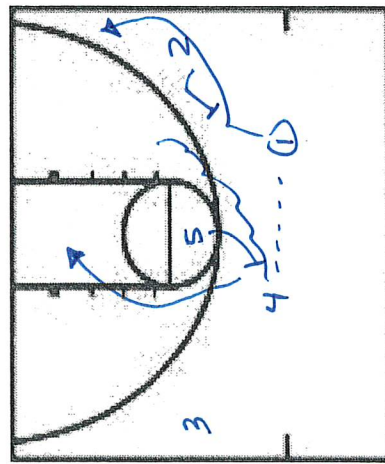
PLAY/DRILL: Yo-Yo 45 DHD

CATEGORY: Michigan Strong



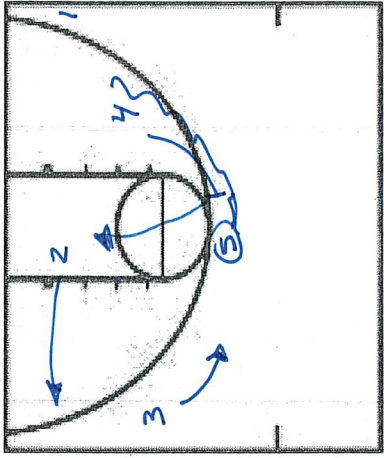
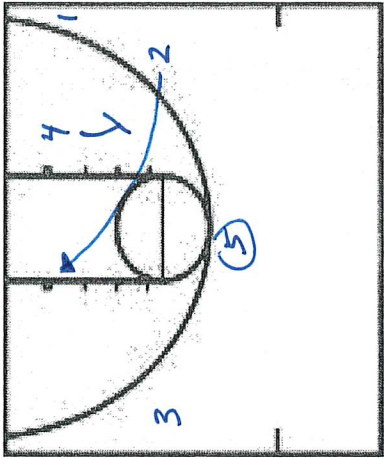
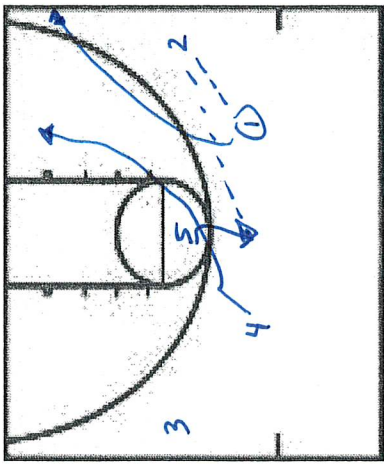
PLAY/DRILL: 45 Tap High

CATEGORY: Michigan Strong



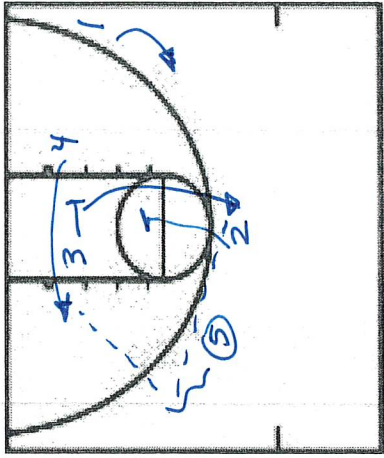
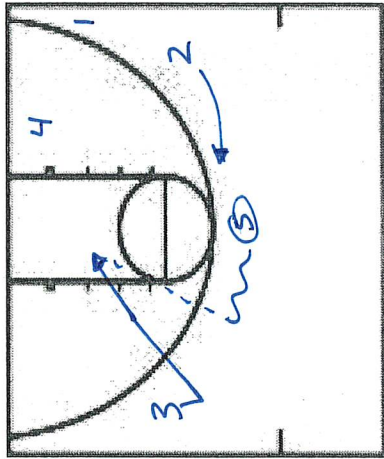
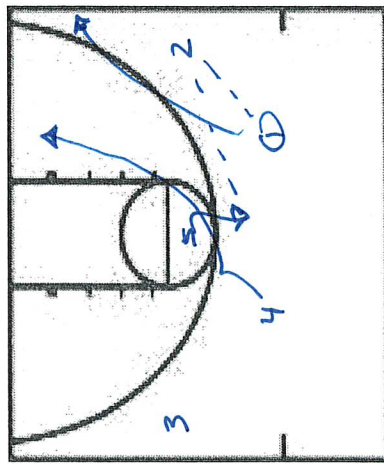
PLAY/DRILL: Yo-Yo 54 Tap

CATEGORY: Michigan Strong



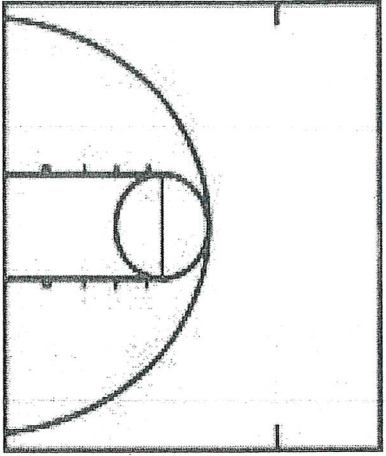
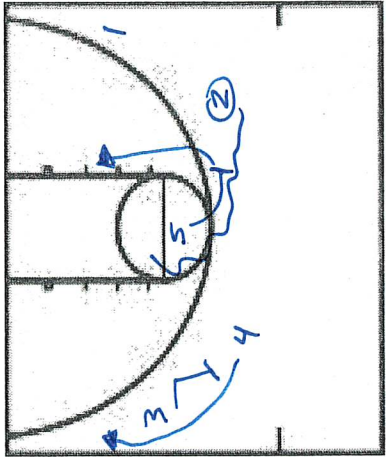
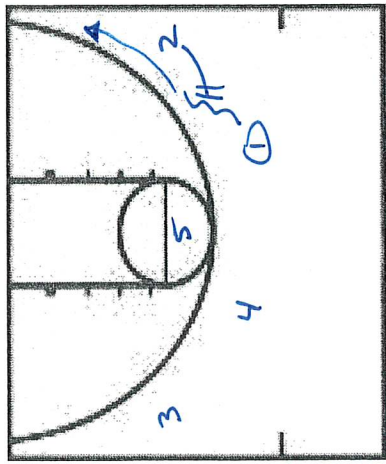
PLAY/DRILL: 3 Go

CATEGORY: Michigan Strong



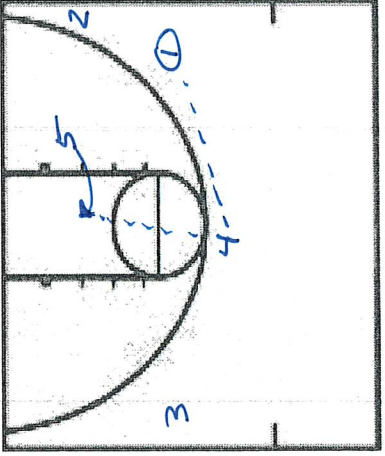
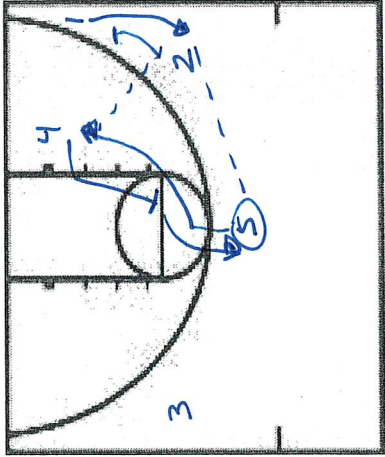
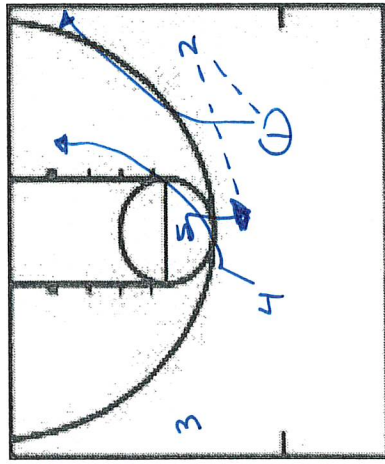
PLAY/DRILL: 25 Tap

CATEGORY: Michigan Strong



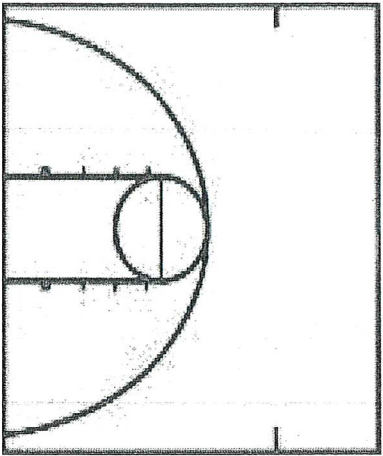
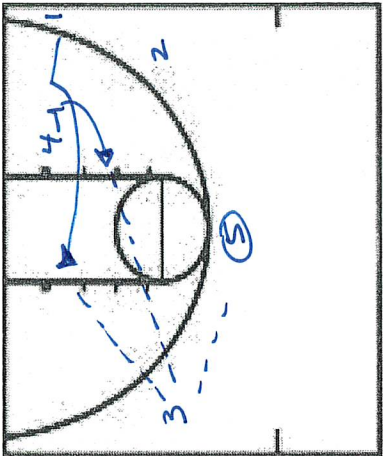
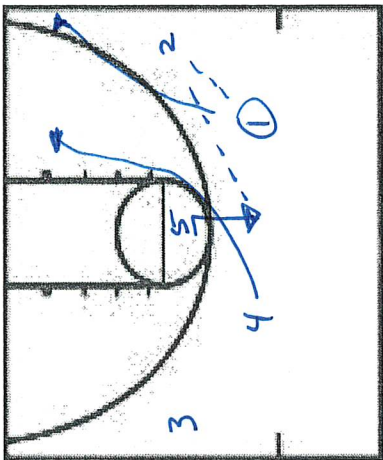
PLAY/DRILL: Post Exchange

CATEGORY: Michigan Strong



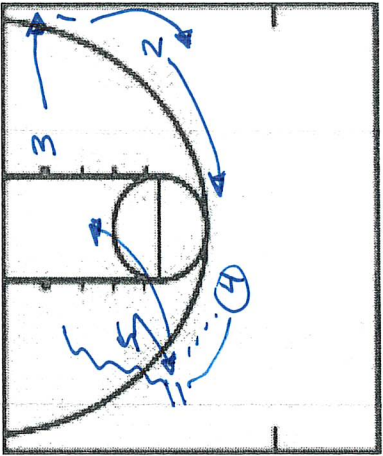
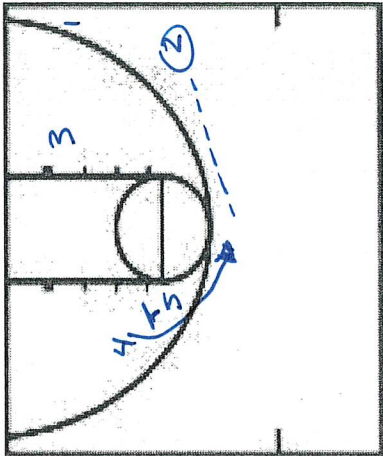
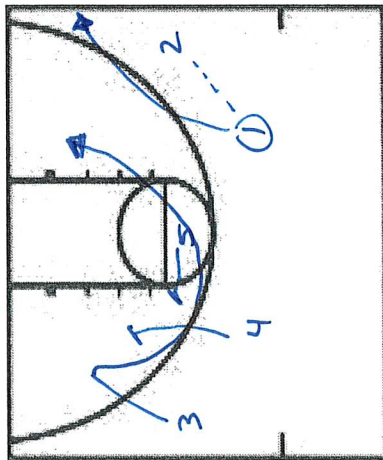
PLAY/DRILL: Flex Seal

CATEGORY: Michigan Strong



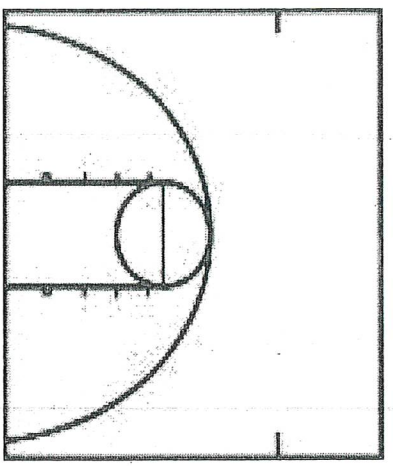
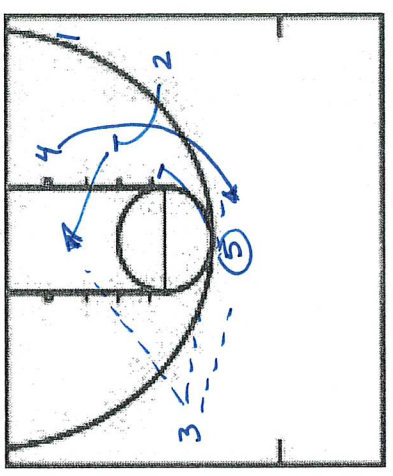
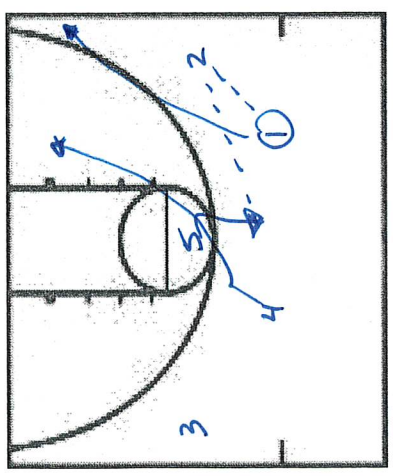
PLAY/DRILL: Curry

CATEGORY: Michigan Strong



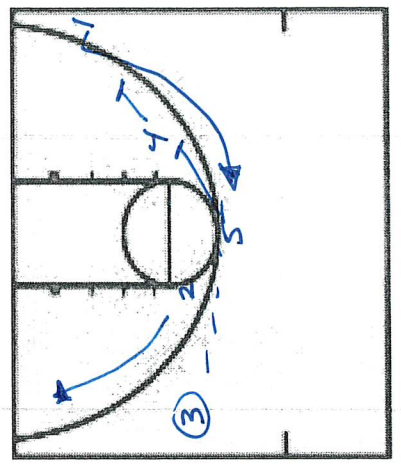
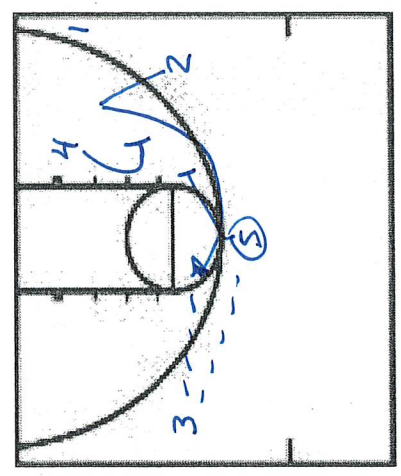
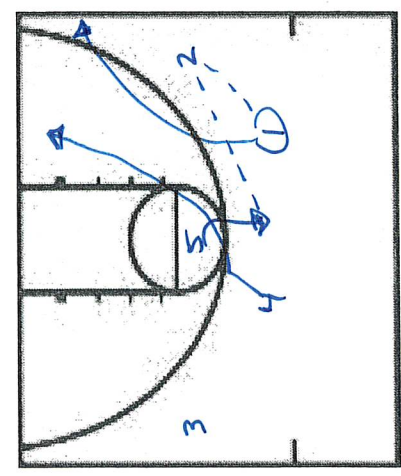
PLAY/DRILL: America 4

CATEGORY: Michigan Strong



PLAY/DRILL: America 21

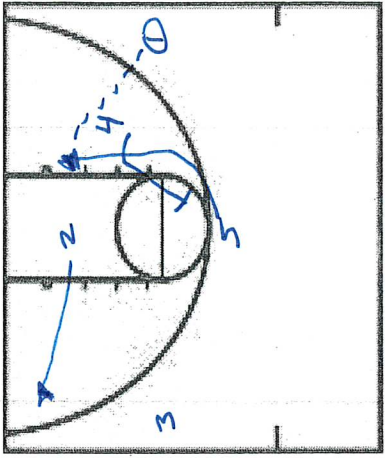
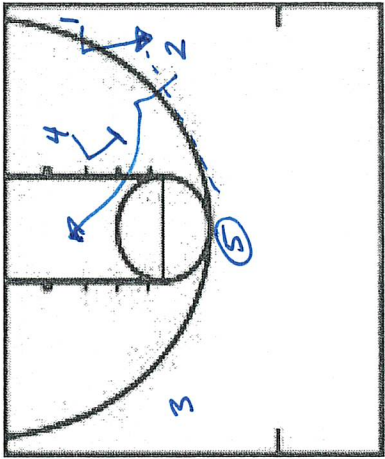
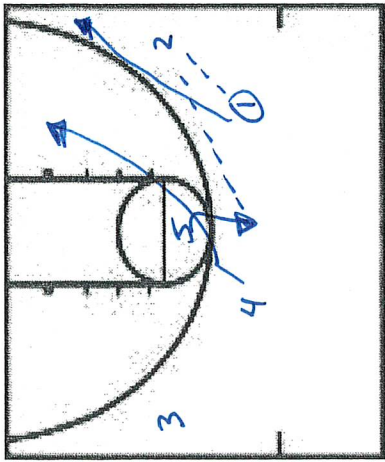
CATEGORY: Michigan Strong





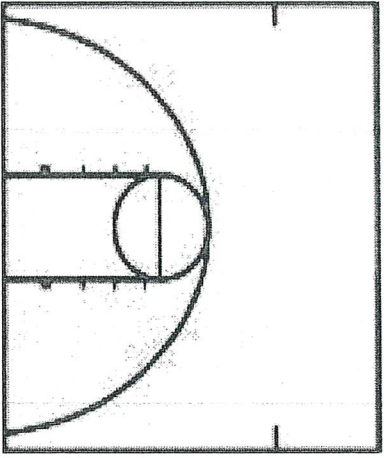
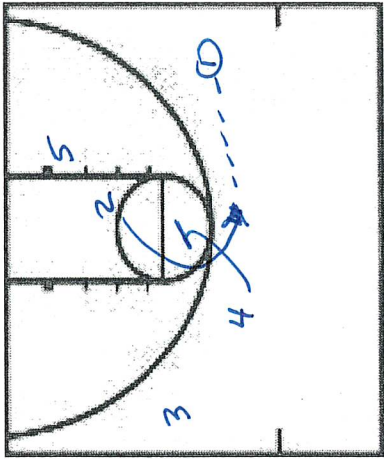
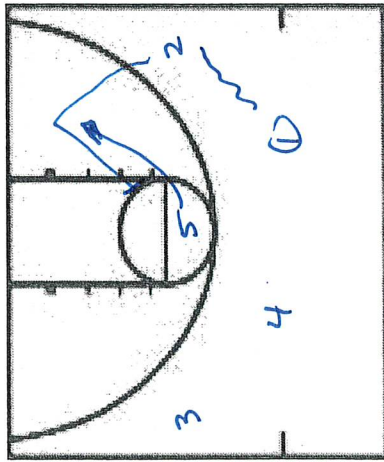
PLAY/DRILL: ~~Stagger~~ Yo-yo 5 Down

CATEGORY: Michigan Strong



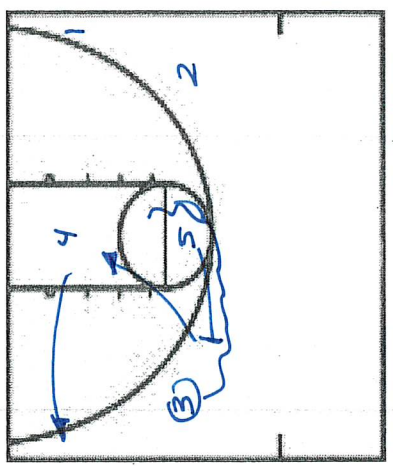
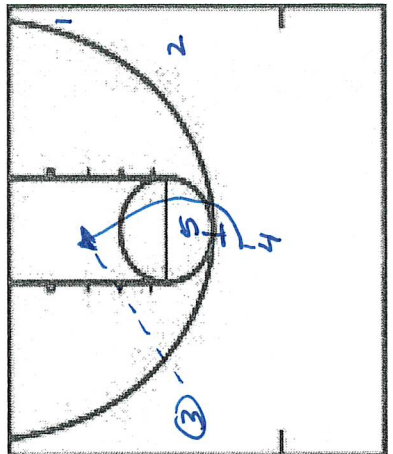
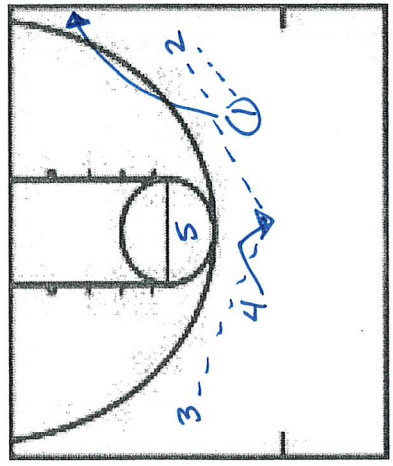
PLAY/DRILL: Yo-yo 2 Wave

CATEGORY: Michigan Strong



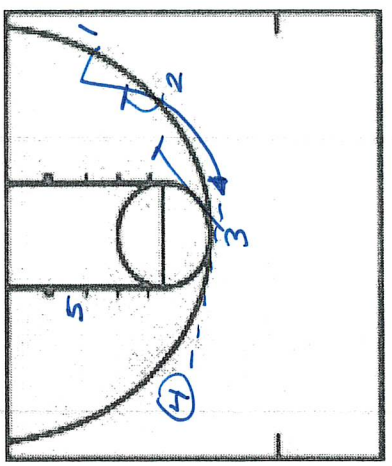
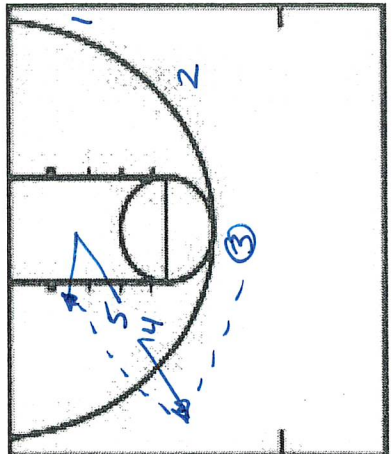
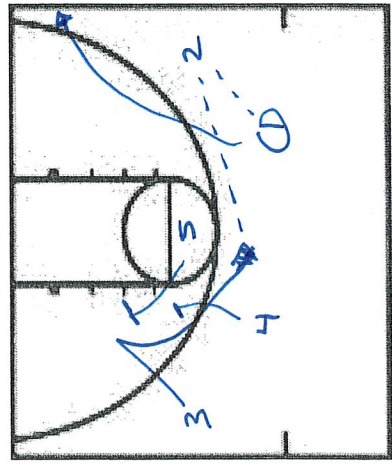
PLAY/DRILL: 4 Slip 35 Tap

CATEGORY: Michigan Strong



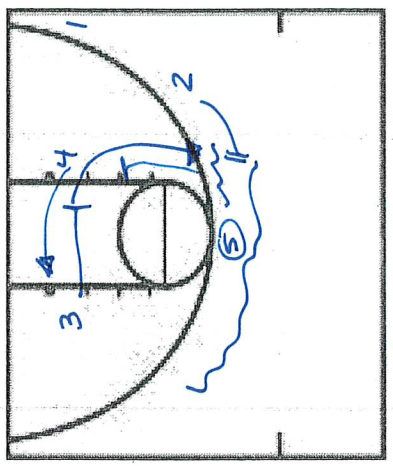
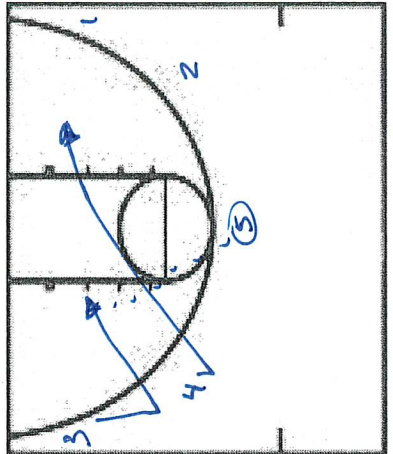
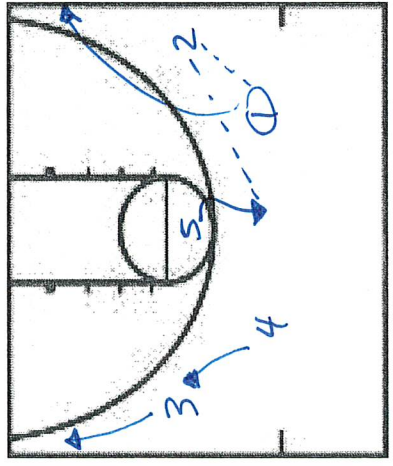
PLAY/DRILL: Double First

CATEGORY: Michigan Strong



PLAY/DRILL: 43 Go

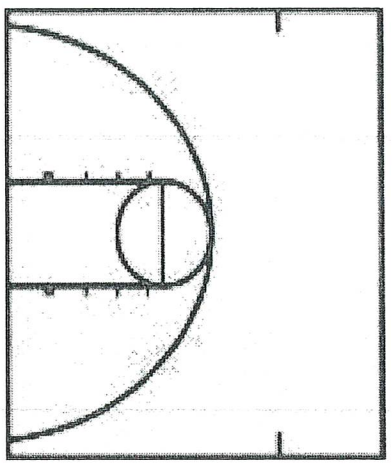
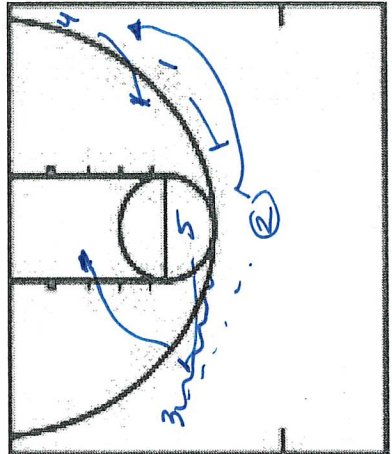
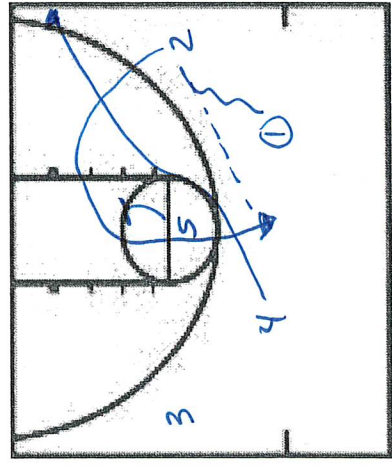
CATEGORY: Michigan Strong



012

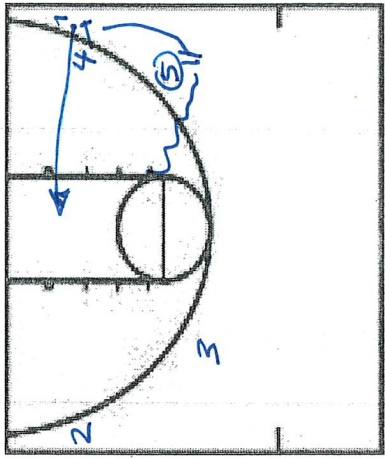
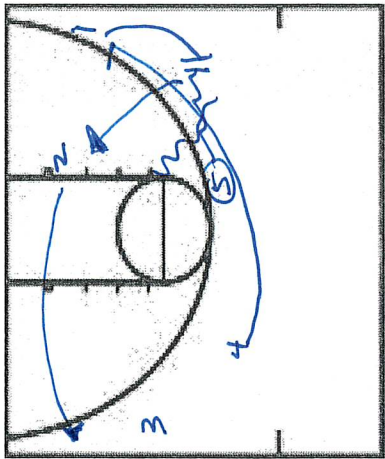
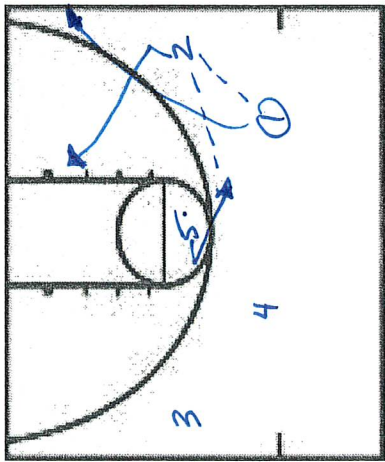
PLAY/DRILL: 2 Wave 35 Tap

CATEGORY: Michigan Strong



PLAY/DRILL: Elbow 5 2 60

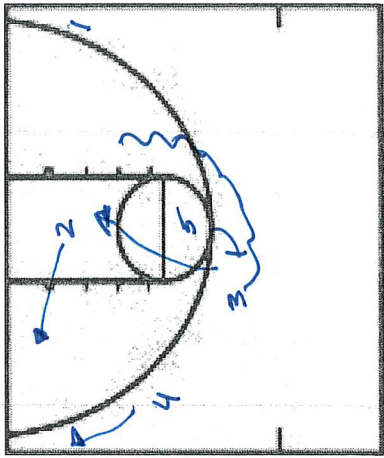
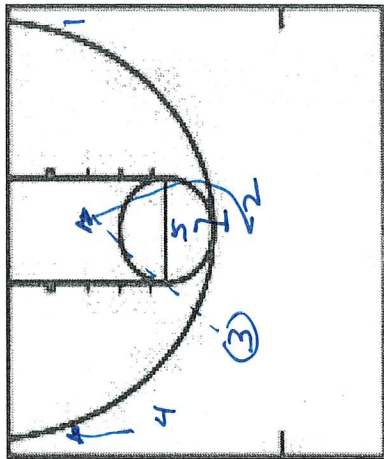
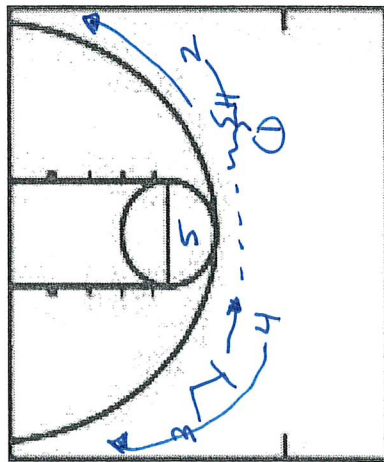
CATEGORY: Michigan Strong



OR

PLAY/DRILL: \_\_\_\_\_

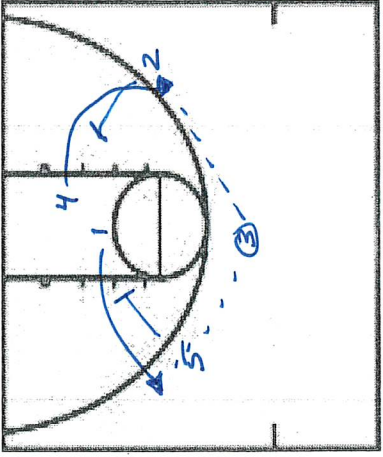
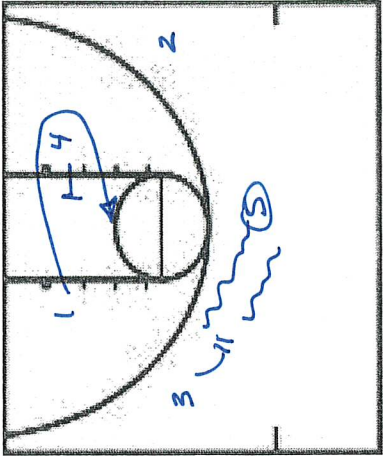
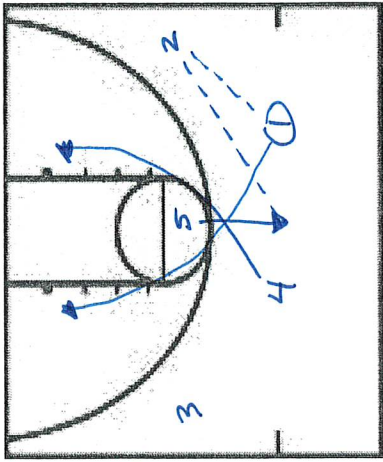
CATEGORY: Michigan Strong



OR

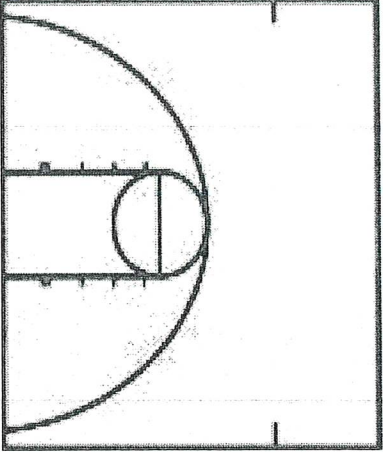
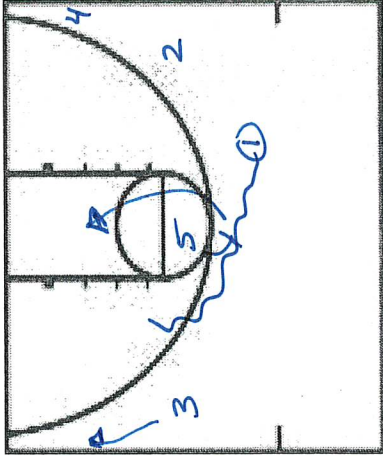
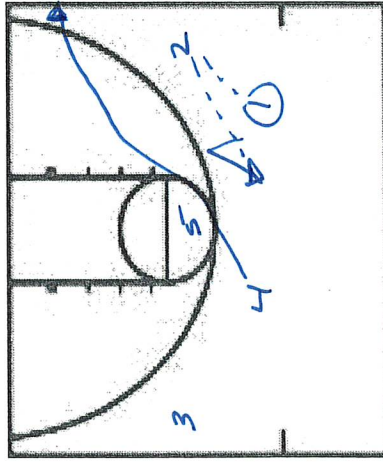
PLAY/DRILL: X Pops

CATEGORY: Michigan Strong



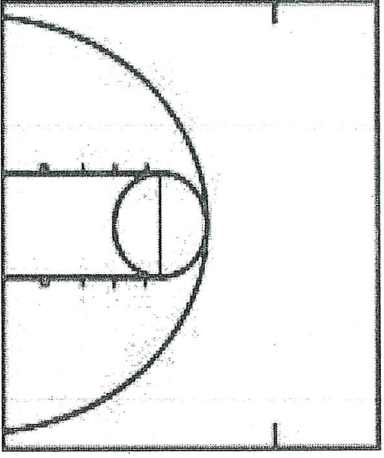
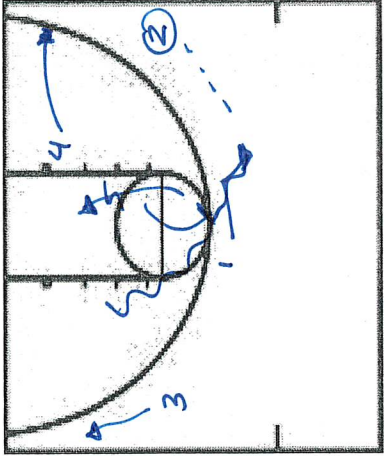
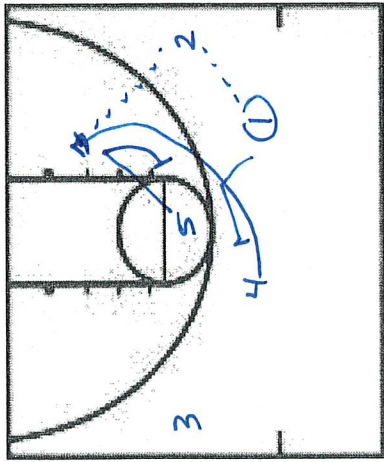
PLAY/DRILL: 15 Tap High

CATEGORY: Michigan Strong



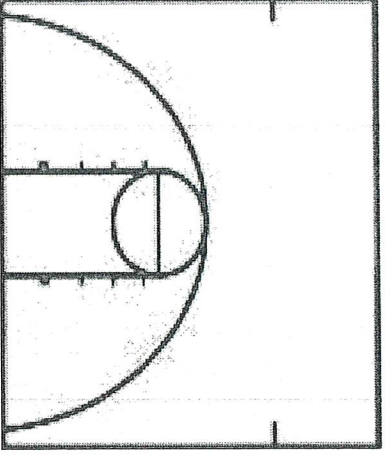
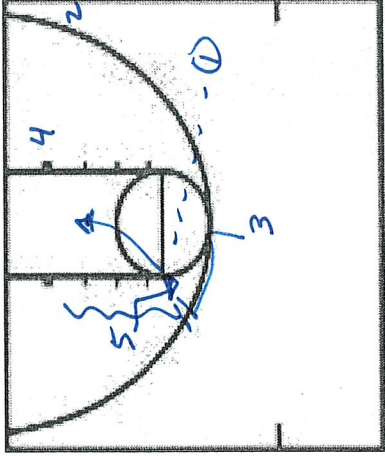
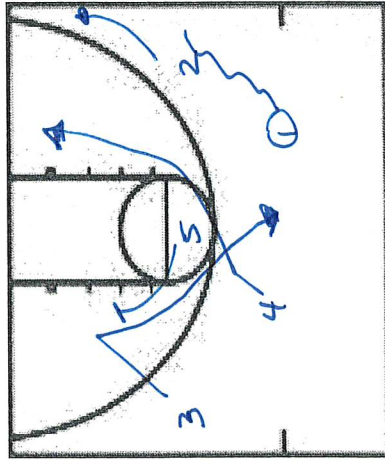
PLAY/DRILL: 4 Dive 15 Tap

CATEGORY: Michigan Strong



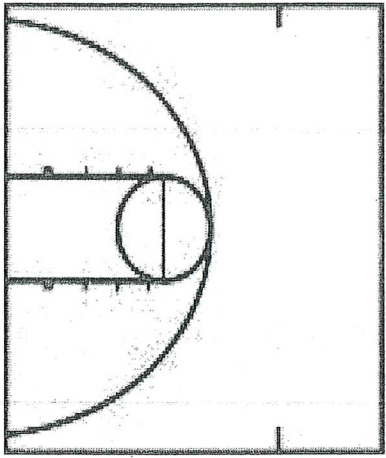
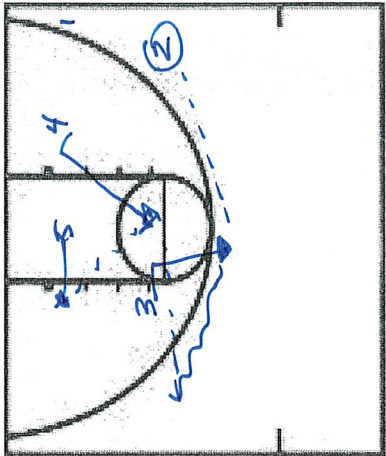
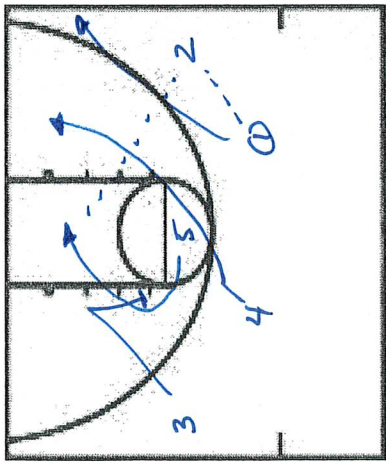
PLAY/DRILL: 2 Kick Blind Pig

CATEGORY: Michigan Strong



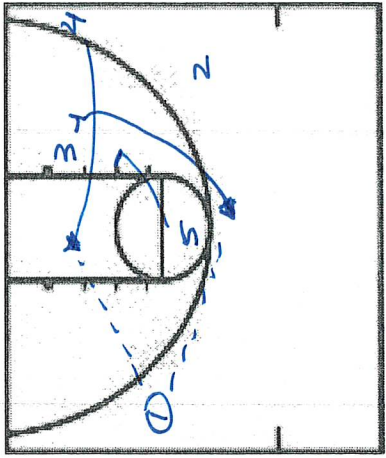
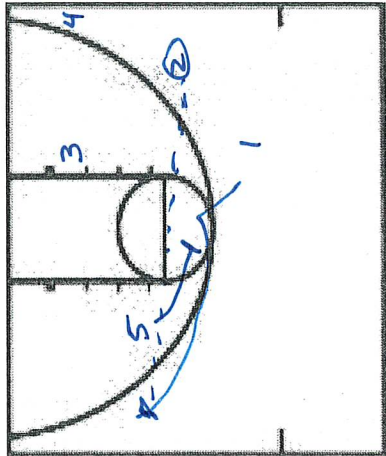
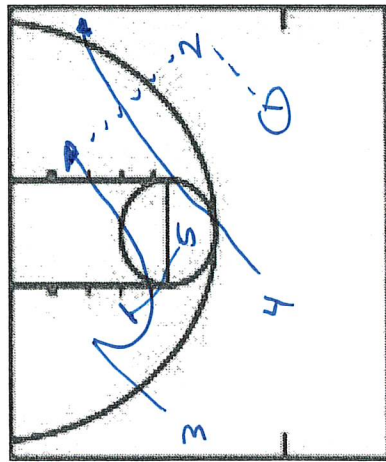
PLAY/DRILL: Elevation

CATEGORY: Michigan Strong



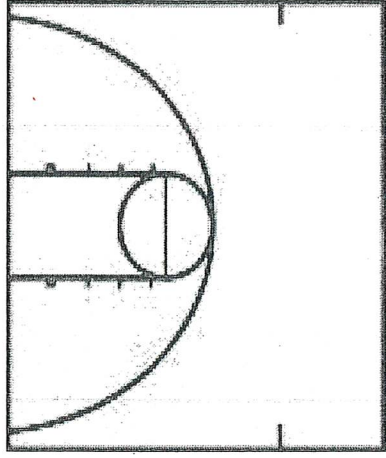
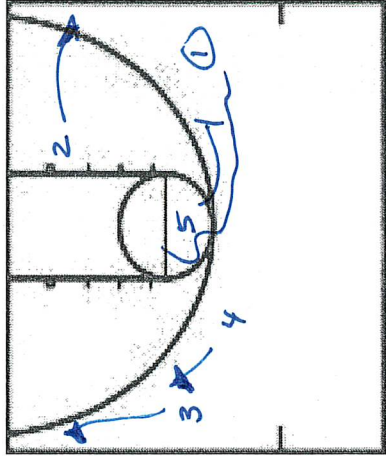
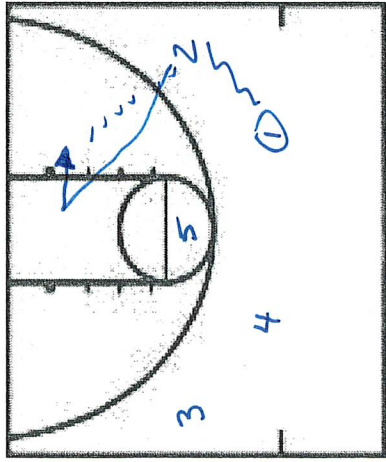
PLAY/DRILL: 51 Maryland Flex

CATEGORY: Michigan Strong



PLAY/DRILL: 2 Wave First 15 Tap

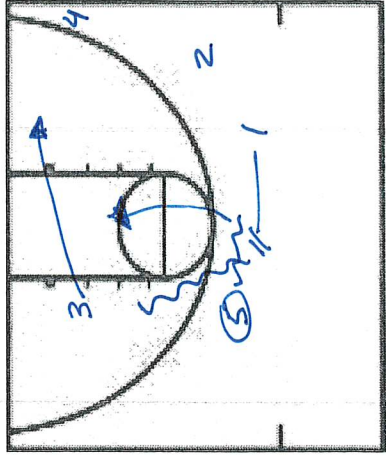
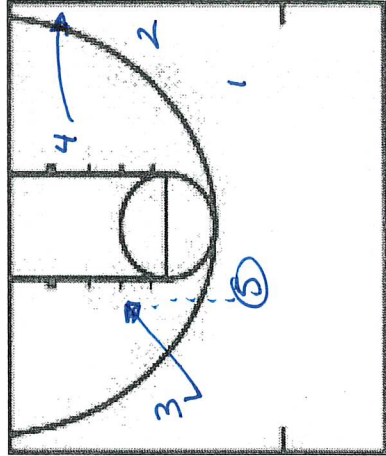
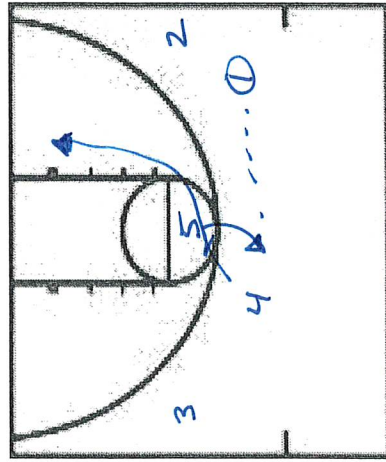
CATEGORY: Michigan Strong



OR

PLAY/DRILL: 45 Exchange 360

CATEGORY: Michigan Strong

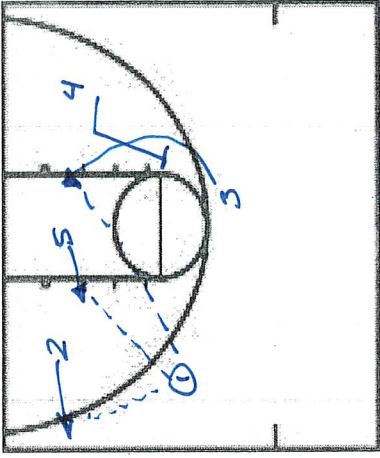
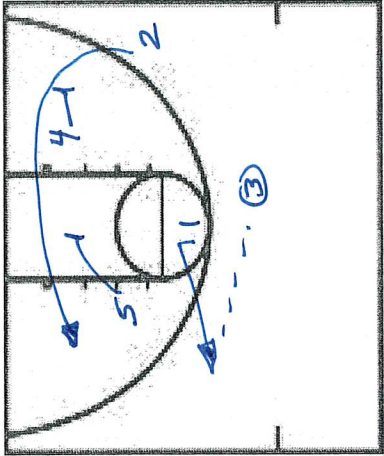
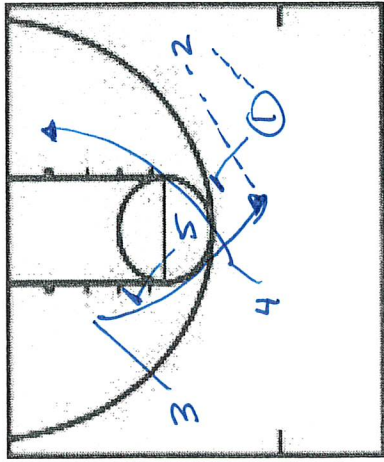


OR



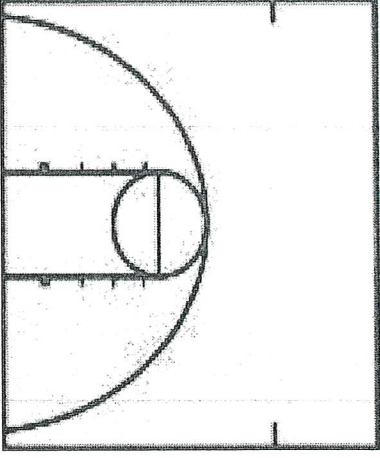
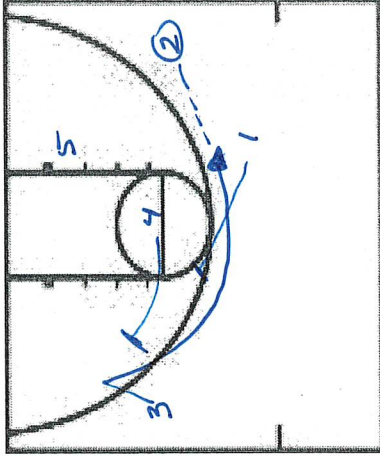
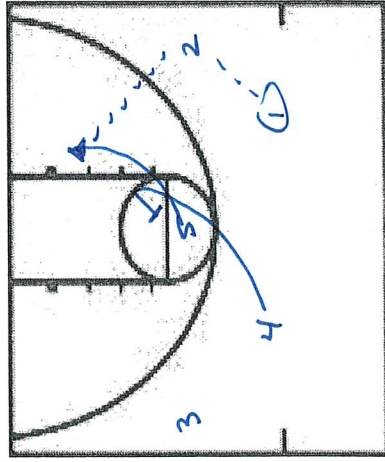
PLAY/DRILL: ~~2~~ Flex 43 Elevation

CATEGORY: Michigan Strong



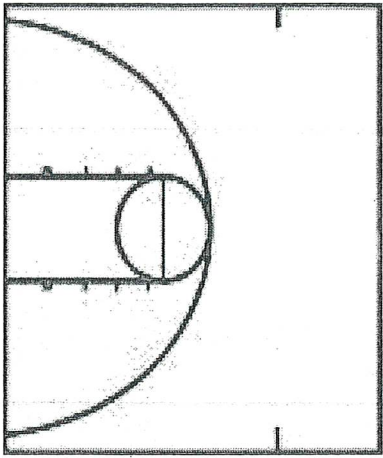
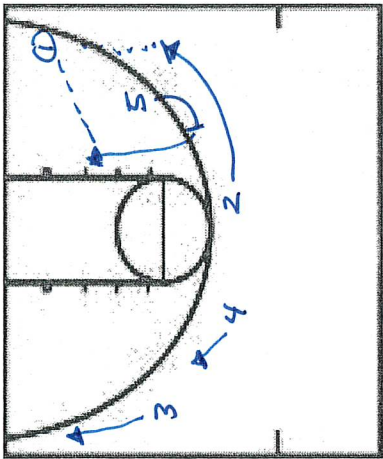
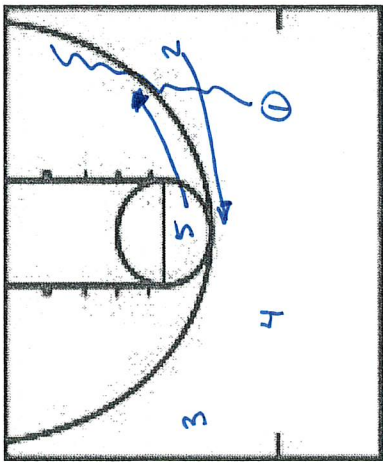
PLAY/DRILL: 45 First

CATEGORY: Michigan Strong



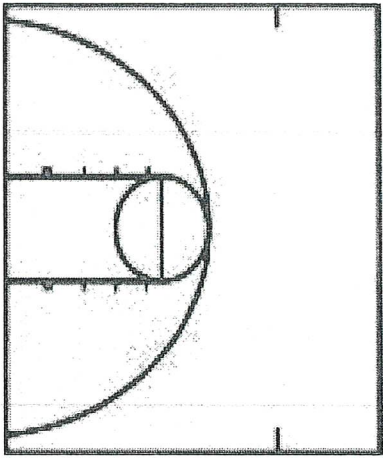
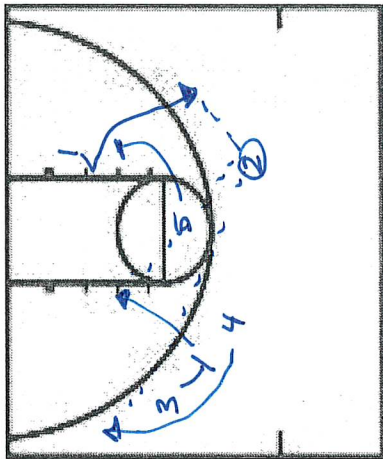
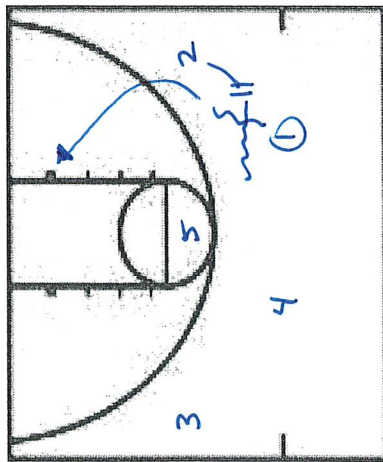
PLAY/DRILL: S2 Window

CATEGORY: Michigan Strong



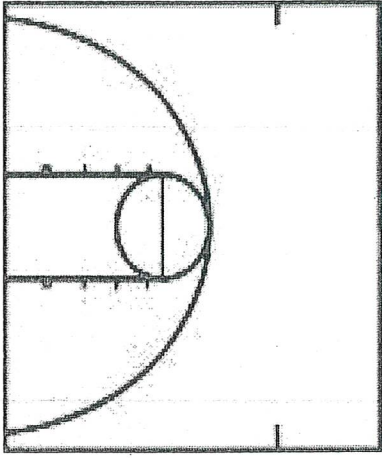
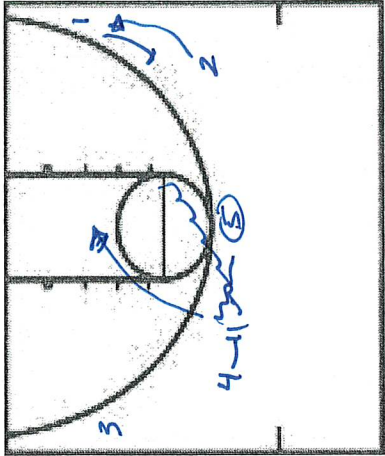
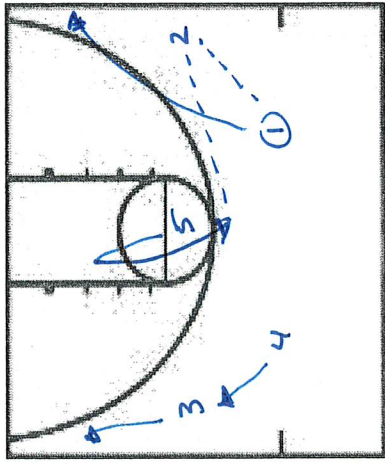
PLAY/DRILL: S1 Window

CATEGORY: Michigan Strong



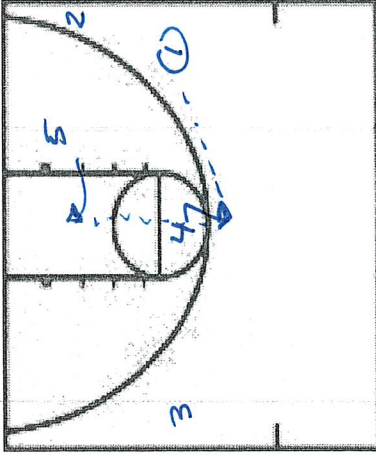
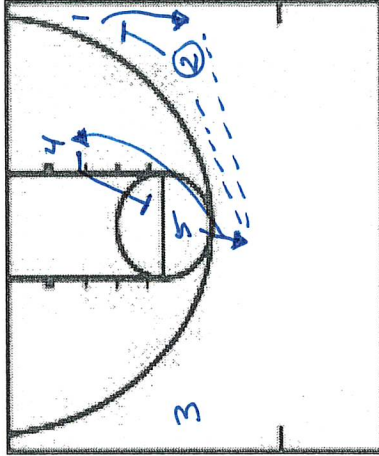
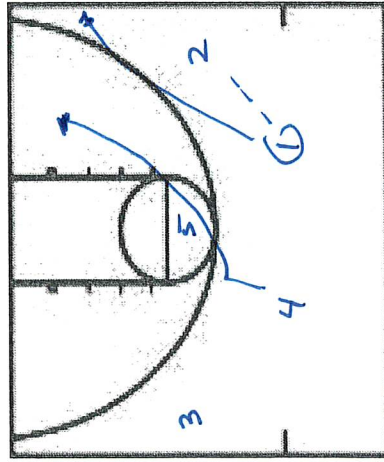
PLAY/DRILL: 54 Dito 12 Hammer

CATEGORY: Michigan Strong



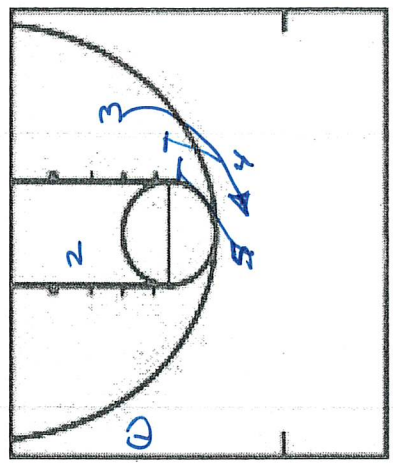
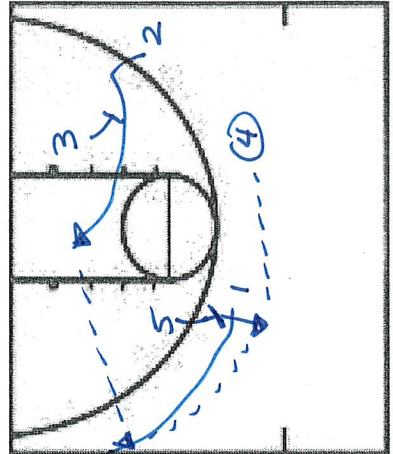
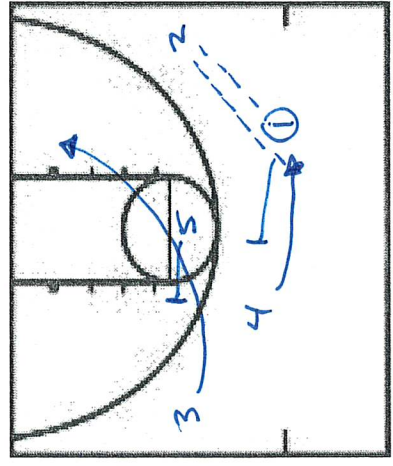
PLAY/DRILL: 45 Smack H/L

CATEGORY: Michigan Strong



PLAY/DRILL:

CATEGORY: Michigan Strong



PLAY/DRILL: YoYo Corner

CATEGORY: Michigan Strong

