

## **GREAT TEAMMATES**

- \*Call out screens**
- \*Just want to win**
- \*Have great energy**
- \*Pick up their teammates off the floor**
  - \*Are an extension of the coach**
- \*Are positive, supportive and honest**

## **GREAT TEAMS**

- \*Listen to the coach**
- \*Close out games**
- \*Are willing to share the ball**
- \*Don't care who gets the credit**
- \*Only care about winning**

## **SOFT TEAMMATES AND TEAMS**

- \*Talk back**
- \*Show up late**
- \*Skip reps**
- \*Give less than 100% effort**
- \*Don't care of their academic work**
  - \*Put in minimal work**

## **UNCOACHABLE VS. COACHABLE**

### **Uncoachable players**

- \*Take things personally**
- \*Feel like they're being singled out**
- \*Are very defensive**

### **Coachable players**

- \*Are open to feedback and constructive criticism**
- \*Want to be coached**
- \*See coaching as a way to get better**